

## LESS Plus Medium (NCM0202)

NCM0202	500G, 5KG & 10 KG DCM Packs
NCM3206	20L Ready-to-Reconstitute Media Bags
NCM3400	3L Liquid Bag*

\*Shipping restrictions may apply, enquire for regional availability

### **Intended Use**

For the selective enrichment of *Listeria* spp.

### **Description**

*Listeria monocytogenes*, described first in 1926 by Murray, Webb and Swann, is an extensive problem in public health and food industries. This organism has the ability to cause human illness and death, particularly in immunocompromised individuals and pregnant women. Epidemiological evidence from outbreaks of listeriosis indicates the principle route of transmission is via the consumption of foods contaminated with *Listeria monocytogenes*. Implicated vehicles of transmission include meat, eggs, chicken, vegetables, and dairy products. *Listeria* spp. are ubiquitous in nature, present in a wide range of unprocessed foods and in soil, sewage, and river water. Certain strains of *Listeria* spp. are able to survive the manufacturing and ripening processes in dairy products. *Listeria* spp. grow over a pH range of 5.0 – 9.6 and survive in food products with pH level outside these parameters. *Listeria* spp. are microaerophilic, Gram-positive, asporogenous, non-encapsulated, non-branching, short, motile rods. Motility is pronounced at 20°C for *Listeria*.

### **Precaution**

Refer to SDS

### **Dehydrated Culture Medium Preparation**

Ready-to-use option:

1. Rehydrate 44 grams of the medium with one liter of sterile water preheated to 36°C.

Autoclave option:

1. Dissolve 44 grams of the medium into one liter of purified water. Autoclave at 110°C for 15 minutes.

### **Ready-to-Reconstitute Media Bag Preparation**

Please refer to the Instructions for Use for the range.

### **Meat samples**

1. Weigh out 125 grams of sample in a stomacher-type bag.
2. Add 375 ml of LESS Plus Medium which has been pre-warmed to 36°C to the bag. Homogenize (Stomacher, etc.) the sample as appropriate for the sample type.
3. Incubate the sample at 36 ± 1°C for 24 to 26 hours.

### **Environmental samples**

1. Place the sponge or swab sample in a stomacher-type bag or in a tube.
2. Add the appropriate amount of LESS Plus Medium which has been pre-warmed to 36°C to the bag. For sponge samples, an appropriate amount is typically 100-200 ml. For swab samples, the amount is 10 ml.
3. Incubate the sample at 36 ± 1°C for 16 to 24 hours.

### **For all other food samples**



1. Weigh out 25 grams of sample in a stomacher-type bag.
2. Add 225 ml of LESS Plus Medium which has been pre-warmed to 36°C to the bag. Homogenize (Stomacher, etc.) the sample as appropriate for the sample type.
3. Incubate the sample at 36 ± 1°C for 24 to 26 hours. For pasteurized liquid egg, incubate for 30-32 hours.

## Quality Control Specifications

### Dehydrated

**Appearance:** Medium should be light to medium beige in color, free-flowing and homogenous.

### Prepared

**Appearance (110°C autoclave cycle):** Yellow to yellow-brown, clear to slightly hazy with none to trace precipitate

**pH:** 7.2 ± 0.2.

### Performance

Provides for the detection of *Listeria* spp. Strains tested: ATCC 33090, ATCC 19119, ATCC 35967, ATCC 15313, ATCC 7644 inoculated at 10 - 100 CFU.

### Test Procedure

Refer to the applicable *Listeria* Test System package insert under the section for the respective test procedure.

### Results

Refer to the applicable *Listeria* Test System package insert under the section Interpretation of Results for a complete discussion of the test results.

### Storage

Store dehydrated culture media (NCM0202) at 2-30°C away from direct sunlight. Once opened and recapped, place container in a low humidity environment at the same storage temperature. Protect from moisture and light by keeping container tightly closed.

Store ready-to-reconstitute media bags (NCM3206) at 10-25°C away from direct sunlight. Once reconstituted store at 10-25°C away from direct sunlight for up to 5 days (providing asepsis is maintained).

Store liquid bags (NCM3400) at 2-8°C away from direct sunlight (please handle with care, do not drop from a height).

### Limitations of the Procedure

1. Refer to the applicable test system package insert.
2. Identification of *Listeria monocytogenes* must be confirmed by biochemical and serological testing.
3. Use re-hydrated medium within the same day as prepared.
4. Incubation times other than those specified may lead to erroneous results.
5. Sample bags must be closed loosely to allow air exchange during incubation, which is vital for organism growth.
6. Do not use expired medium.

### Expiration

Refer to expiration date stamped on the container. The dehydrated medium should be discarded if it is not free flowing, or if medium has changed from the original color. Expiry applies to medium in its intact container when stored as directed.

## References

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3. Bremer, P. J., and C. M. Osborne. 1995. Thermal-death times of *Listeria monocytogenes* in green shell mussels prepared for hot smoking. J. Food Prot. 58:604-608.
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